

CONTEMPLATIVE PRAYER

GOING DEEPER INTO A LIFE OF PRAYER



WHAT IS CONTEMPLATIVE PRAYER?

CONTEMPLATIVE PRAYER IS ESSENTIALLY ENJOYING A LOVING INTIMACY WITH JESUS, THROUGH THE HOLY SPIRIT WHO DWELLS WITHIN US. THIS RESULTS IN TRANSFORMATION!



WHAT CAN I DO IN CONTEMPLATIVE PRAYER?

BELIEVE THE HOLY SPIRIT IS WITHIN YOU.

"To them God willed to make known what are the riches of the glory of this mystery...Christ in you, the HOPE of GLORY." Colossians 1:24-27

TAKE TIME TO "PLACE YOUR HEART" IN THE HANDS OF JESUS.

"I will give you a new heart and put a new spirit within you. I will take the heart of stone out of your flesh and give you a heart of flesh. I will put My Spirit within you and cause you to walk in My ways..." Ezekiel 36:26-27

AGREE WITH THE SCRIPTURES. CONFIRM THAT YOU ARE THE DWELLING PLACE OF THE LIVING GOD.

"For you are the temple of the Living God. As God has said, 'I will dwell in them and walk among them...' 2 Corinthians 6:16

HOW DO I PREPARE FOR CONTEMPLATIVE PRAYER?

SELECT SCRIPTURE(S) THAT YOU ARE DRAWN TO, INTERESTED IN, OR WANT TO KNOW MORE ABOUT. BRING A NOTEBOOK TO WRITE DOWN YOUR EXPERIENCES AND WHAT YOU'RE ENCOUNTERING IN THE PRESENCE OF THE LORD.